

EXDISIA SERIES 1 (Central)

Day One – KL Metropolitan

Breakfast served at assembly point upon registration. Stop over at Batu Cave for short brief on Thaipusam Festival *(cultural)* before proceeding for 1st destination.



1st Destination – Fraser's Hill



Take lunch in town after hotel check-in. Participants will go for a guided nature trail with a brief on mountainous habitats of plants, insects and birds *(nature)*. Steamboat dinner *(cultural)* is served. Personal Development Programme after dinner.

Day Two – Bird Watching *(nature)* at 6am followed by breakfast. Continue bird watching till out. Have lunch in Fraser's Hill before proceeding for 2nd destination.

2nd Destination – Gopeng

Check into bamboo huts *(heritage)* and proceed to Waterfall Trekking *(nature)*. Personal Development Programme after dinner.





Day Three – Cavern Flying Fox *(adventure)* after breakfast and Wet abseiling *(adventure)* after lunch. Take dinner at the rest house followed by Personal Development Programme.

Day Four – Visit to Orang Asli village and experience making asli crafts *(cultural)*. Check-out after lunch and proceed for 3rd destination.

3rd Destination – Cameron Highlands

Visit Tea Plantation (*heritage*) and check-in. Personal Development Programme after steamboat dinner (*cultural*).



Day Five – A full day visit to strawberry farm, market, shopping, lunch and other places of interest *(heritage)*. Personal Development Programme after dinner.

Day Six – Check out from resort after breakfast, photos sharing and de-briefing. Return to KL and have lunch along the way.

PACKAGE RATE

Price per Person: RM 1,907

Package Includes: transport, lodging (shared), daily 3 meals, insurance and entrance/activities

- Itinerary may change depending on weather condition and other unforeseen circumstances that may arise.
- Unutilised services/activities are not refundable.